

## WHO CAN I CALL WHEN I NEED HELP?

### Mental Health and Substance Use 24hr Access Care

#### **988 Suicide & Crisis Lifeline**

Crisis counseling for suicide and distress

988  
988lifeline.org

#### **RI International (Roxie)**

Crisis care, substance use detox, narcans

1724 Roxie Avenue  
910-778-5900

#### **Alliance Health**

Access & Information Line

877-223-4617  
alliancehealthplan.org

#### **Hope 4 NC**

Free emotional support & community resources

1-855-587-3463

#### **Crisis Text Line**

Crisis counseling by text message

Text HOME to 741741  
crisistextline.org

#### **Therapeutic Alternatives**

Mental health eval, triage, access to services and treatment

1-877-626-1772  
mytahome.com



## WHEN TO CALL 911

- traffic accidents
- difficulty breathing or speaking
- unconsciousness or fainting
- chest pain
- severe injuries and falls
- gunshot or knife wounds
- witnessing a crime
- overdose
- life threatening emergencies

### Food

#### **Operation Inasmuch**

Breakfast, M-F 7:30am-8:20am

531 Hillsboro St  
910-433-2161

#### **Day Resource Center**

Lunch, M-F 11:30am-1:00pm

128 S. King St

#### **Salvation Army**

Dinner, Daily 5:00PM

245 Alexander St  
910-323-9769

### Healthcare

#### **The Care Clinic**

Free healthcare to uninsured adults

239 Robeson St  
910-485-0555

#### **Health Dept.**

Health, medical, prescriptions, narcans, some services for the uninsured (Cumberland Healthnet)

1235 Ramsey St  
910-433-3600

#### **VA Medical Center**

Medical and mental health for Veterans

2300 Ramsey St  
910-488-2120

### Housing

#### **Salvation Army**

Shelter for Men, Women and Children

245 Alexander St  
910-323-9769

#### **Manna Dream Center**

Men's shelter

913 Person St  
910-568-3897

#### **Operation Inasmuch**

Men's program

531 Hillsboro St  
910-433-2161



#### **Coordinated Entry**

Housing crisis referral to local homeless resources and shelters

844-401-4673

[theanchoredplace.org](http://theanchoredplace.org)



## QUICK RESOURCE GUIDE

### Mental Health & Substance Use

#### **Clothes, Toiletries, Finances etc.**

##### **Fayetteville Urban Ministry**

Food, clothing, limited financial assistance, adult education

701 Whitfield St.  
910-483-5944

##### **Operation Inasmuch**

Showers, laundry, mail call, sick call, hygiene kits, case management, ID cards

531 Hillsboro St.  
910-433-2161

##### **Operation Blessing**

Clothing, food pantry, financial assistance

1337 Ramsey St.  
910-483-0523

##### **Balm in Gilead**

##### **Family Counseling Ministries**

Clothing, furniture, household items, food pantry

3310 Doc Bennet Rd  
910-424-2645

##### **Manna Dream Center**

Laundry, shower, food pantry, financial assistance, community store

336 Ray Ave.  
910-568-3897

##### **Day Resource Center**

Laundry, showers, bathrooms  
128 S. King St.

##### **Carolina Outreach**

Outpatient mental health & substance use services  
324 Person St.  
910-438-0939

##### **Life Net Services**

Outpatient mental health & substance use services, suboxone  
1790 Metromedical Dr.  
910-745-8895

##### **Community Mental Health at Cape Fear Valley**

Outpatient mental health, suboxone  
711 Executive Pl.  
910-615-3333

##### **Fayetteville Treatment Center (New Season)**

Methadone, Subutex, Suboxone  
418 Person St.  
910-483-0958

##### **Carolina Treatment Center (Comprehensive Treatment Centers)**

Methadone, Subutex, Suboxone  
3427 Melrose Rd.  
910-900-6333

##### **Communicare**

Mental health & substance use, gang prevention, early intervention & diversion for at risk youth  
109 Bradford Ave  
910-829-9017

### More Resources

#### **Clean Needle Exchange**

Turn in used needles, get clean needles & naran

Wednesday, 8am-11am at Carolina Treatment Center  
Friday, 1pm-3pm, Roxie

#### **Connections of Cumberland County**

Women's resource center, case management, computer lab  
119 N. Cool Springs St.  
910-630-0106

#### **Cumberland County Dept. Social Services**

Medicaid, food stamps (EBT)  
1225 Ramsey St.  
910-433-3600

#### **Cumberland County Libraries**

Computer access, phone, printer access, career resources  
Cumberland County Library System

#### **Free NC ID**

Legally blind, had license canceled due to disability, 17 years or older, homeless (must bring letter from community organization/shelter confirming homelessness)  
NC DMV